

*Are you, or your child under the age of 18,  
feeling alone, sad, or anxious?  
Have you experienced family trauma or abuse?  
You're not alone.*

## WE CAN HELP

Willamette Family therapists are trained to provide a wide array of treatment and services to support children and families in the following areas:

- » Communication difficulties
- » Strengthening attachment and addressing attachment concerns
- » Reunification support
- » Traumatic events such as abuse and loss
- » Challenging behaviors including aggression, anxiety, interpersonal conflicts, defiance and difficulties with school

Therapists have the flexibility to serve children and families in the home, community, school setting or in the office.

## WORRIED ABOUT THE COST?

Willamette Family accepts the Oregon Health Plan (OHP), some private insurances, and cash or credit payment on a sliding fee scale.

## ABOUT WILLAMETTE FAMILY

Willamette Family has proudly served Lane County for over 50 years, providing detox and treatment for substance use disorders. Over the years our services have been enhanced to include Mental Health Treatment for adults and children, Primary Medical Care, parenting classes, Family Services, Peer Support Services, and a myriad of transitional services. These services are designed to assist the individual transition back into the community and to reunite with their families.



**CEMLIP**  
CHILD & FAMILY MENTAL  
HEALTH SERVICES



celebrating  
more than  
**50**  
years

**CALL THE RAPID ACCESS CENTER NOW:**  
Tel No. (541) 762-4300 Fax No. (541) 762-0738  
**VISIT US AT:**  
[www.wfts.org](http://www.wfts.org)  
687 Cheshire Avenue Eugene, OR 97402

Health, Wellness & Recovery





# OUR SERVICES...

## **CHILD AND FAMILY MENTAL HEALTH SERVICES**

The Child and Family Mental Health Program provides mental health services for children, families, and caregivers. We believe that therapy is a process devoted to growth and change, where family involvement is vital. Our highly knowledgeable and trained therapists provide child and family therapy using a strength-based, client-centered approach with a strong reliance on cognitive behavioral and solution focused family therapy, behavior management training, and play therapy. Supervision is provided by Licensed Mental Health Clinicians.

## **BENEFITS OF CHILD AND FAMILY MENTAL HEALTH SERVICES:**

- » Screening and assessment
- » Individual counseling
- » Family therapy
- » Early Childhood Mental Health Services
- » Individualized service plans based on child/family needs
- » Parenting support
- » Individual skills training
- » Case management and referrals
- » Collaboration with many other agencies
- » Bi-lingual (Spanish) services

## **HOW DO I KNOW IF MY CHILD NEEDS MENTAL HEALTH SERVICES?**

Your child may need mental health services if they have been experiencing any of the following: increased anger, depression or mood swings, trouble concentrating, increased conflicts, delinquent behavior, or a decline in school performance. If you notice that your child is withdrawing, acting out, or experiencing frequent fear, it may be time to seek help.

## **HOW DO I KNOW IF I QUALIFY FOR SERVICES?**

This program specifically targets children from birth to 17 years old. Teenagers 14 years and older can receive services without family involvement, although family involvement is encouraged.

## **HOW DO I ACCESS DUII SERVICES?**

Call or visit our Rapid Access Center (RAC) to complete an assessment.

8:00 am – 8:00 pm Monday through Friday

(541) 762-4300

195 W. 12th Avenue, Eugene, OR 97401